



Helping Hands

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DENTAL TRAUMA: POST TREATMENT INSTRUCTIONS

Your child was seen by Dr. Hargleroad for (Type of treatment)_____.

Possible results of *trauma* (shock or injury) to the teeth include: the need for future treatments, possible root canal therapy, or removal of a tooth or teeth. Please follow the instructions checked below:

MEDICINES

- Local anesthesia (a shot) has been used for dental treatment. This makes the lips and cheeks numb on the side of the mouth where the shot was given. Sometimes children suck or chew on the numb lip or cheek, causing injury. This is not often serious, but may be uncomfortable when the medicine wears off. Please watch your child, and have him or her be careful about biting for at least one hour after the appointment.

Give the following medicines as the doctor prescribed:

- Antibiotic_____
- Mouth Rinse_____
- Medicine for pain_____
- Other_____

STICHES

Do not play with the stitches, pull on them, or remove them.

- The stitches will dissolve in 7 to 10 days.
- Please come back to the office to have the stitches removed in _____ days.

ACTIVITY

- Keep teeth and/or splint clean. Brush gently twice a day.
- A temporary filling has been put on the injured tooth. Your child **should not bite** with the tooth that has the temporary filling.
- Your child may have **soft foods only** for _____ days. Examples include yogurt, mashed potatoes, soup, Jell-O, and pudding. Avoid foods that are very hot or very cold.
- Avoid contact sports until the dentist says it is okay.

WHEN TO CALL US

Call the office at (970) 493-2254 if any of the following occurs:

- If there is swelling, an "off" color, or an abscess (a "bump" on the gums) around the sore tooth.
- If the splint comes loose.
- If the temporary filling comes loose or off.
- Your child has persistent bleeding, swelling or pain.

FOLLOW UP APPOINTMENTS

Follow up appointments for traumatized (injured) teeth are **very important**. It may be necessary to follow your child for up to five years after the injury. Please schedule a trauma follow-up appointment in:

- 1 week
- 2 weeks
- 4 weeks
- 6 weeks
- Other_____

If you have any further questions or concerns, please contact our office at (970) 493-2254.